

Aeolian Essences (channelled by Jan Thomas)



The Aeolian Essences - Ancient Essences of the Ladies of Intuition - are made by the gifted Chiron Channel, Jan Thomas. Each separate energy has been brought through to assist us to re-balance hurts and wounds we are carrying from the past, in particular the damage to our 'feeling pattern' caused by emotions and feelings. These beautiful essences originate from the energy of ancient trees, and nature, and their 'captured' vibrations are untouched by modern Man or things of his world.

TO USE - Place 1 drop on the "Feeling Centre" or solar plexus area once or twice a day.

ESSENCE	USED FOR
APPLE	<i>Helps heal body, mind and spirit. When you want to feel 'love'. Can bring harmony to warring energies. Use when love seems to have passed you by; when love isn't enough; when separated from children; when you must fulfil the needs of others; when there's a need to be finely balanced. Use for deep inner core healing; fatigue, hyper-tension and physical tiredness; for wounds, warts, aches and pains. Balances any dis-at-easement caused by the lessening of love - restores the energy and turns the problem around.</i>
ALDER	<i>Also known as "Fearn" or the "Fairy Tree". The Guardian of the Doorway into the 'between levels' that are known as the Faery realms. It provides the doorway to the inner world of the Devas, the hidden world of Gaia. This essence deals with the 'Feelings of the Earth' and the health of the land. Use to help the energies of the auto-immune system to function; when physically tired add to the bath water; helps 'ease the battle' for those with rheumatism; when used on the 3rd eye it helps to bring things into clarity by 'shifting focus'; a drop in the Feeling Centre helps when emotions are starting to wear you down. Particularly useful for those whose energy 'slips out and away' instead of being focussed in the physical world. The immune system can be adversely affected on the etheric levels this way, and Alder Essence helps to keep the energies balanced.</i>
ANCIENT MOSS	<i>Use anywhere you need to 'draw' things out, e.g. around a wound site to "draw out" impurities and toxins. Use for congestion and blockages and when performing etheric "surgery". Use in the Feeling Centre to "draw out" blocked / bound emotions and feelings. Aids the healing process, whether physical or emotional. Use with "Ancient Sulphur" in Chiron Healing® techniques for infection; excellent when used with Level Five Essence. One drop twice daily will help speed up repair work in the pattern, especially when working with drug and addiction problems.</i>
ASH	<i>The peaceful energy of the woods. Use when there is a need for strength, or a need for courage, also when there is a need to stand up against mis-treatments. Balances fear of authority, and feelings of isolation. Aids divination. Use for all childhood ailments - mumps, etc., gives gentle strength.</i>
BEECH	<i>Also known as "Eleemosynary" Essence. The essence of the way of relating and accepting all things; to live by Faith. Use this essence when dealing with the things that prevent us going with the flow of charitable work; it is for all people who work with others out of their generosity of spirit. It works to peel away arrogance, superiority, irritability and fault-finding. It allows the "Chrono" to truly be her charitable self, and to boost her energies when she is not feeling so charitable, and when people ask too much of her. Physical uses - For speech impediments, lisps, etc.; as an expectorant; can be add to a poultice for swellings; helps 'clear the air' and provides a healing environment in sick rooms. If used when meditating it helps the person to go within to find the source of the problem that ails them, and gives them strength to deal with it.</i>
BIRCH	<i>This essence is drawn from the graceful Birch Tree, and also from the "Katabatic Wind" - the icy winter wind. The Birch has been used to make brooms in the past - and still takes the energy of a problem and gets rid of it's cause, so it can be swept away. Can be used when doing a Chiron Healing® "sweep". Helpful when there are physical 'seizures', use on the affected area in RSI (repetitive strain injury); for bloating. On deeper levels can be used for whenever "What if" becomes "What is"; wrap around like a mantle if you need to step into something you are unsure you can handle; it is the 'Essence of Support' which strengthens the Pattern so it can hold the weight of what IS.</i>



AEOLIAN ESSENCES (channelled by Jan Thomas)

ESSENCE	USED FOR
BLACKTHORN	<i>Fear. Use when you are afraid of things - inner fear, fear of things out in the world, fear of doing something wrong, fear of things that can happen, fear of personal danger. Use when you are considered selfish for taking on things outside the home. When you are afraid of fear itself. Apprehension. Subservience. Good for all stomach problems, gripe.</i>
ELDER	<i>Gives inner strength. Use when psychically tired - when tired from not being on your own enough; when too tired to strive any longer. Gives sense of satisfaction for a job well done. Use when insecure. Replenishes energy of those working for the higher good; the 'Healer's Repairer'; for 'out-of-body' tiredness. Use for regeneration of people and plants. (Female equivalent of Chironessence - for the things that spiritually tire the journeyer.)</i>
ELM (Enduring Elm)	<i>Also known as "Elegiac" or "Enduring Elm" Essence. It's energy comes from the ancient Forest before the arrival of energies from the modern world, which made the ancient trees vulnerable to disease. This essence comes from the one of the largest and most enduring trees in our forest - the Enduring Elm. Because of its longevity and height, it was thought to be reaching out to the Heavens and had deep wisdom within. It was known as the "Mourner's Tree" and it was to this tree that people first turned when they lost someone they loved. Use for the shock and the first stages of death and parting; a mourning essence that helps deal with the despair that comes with the news of a death which can send a person into stasis or madness, or total lack of function. Physical uses - For sudden shock of any kind; for hysteria; for any imbalance in reasoning; to help problems with self image or self worth; and it can be used within the etheric pattern of a terminally ill person to give ease in the process. It is the essence where Self Worth is found.</i>
GLIS	<i>Also known as "Electrum" Essence. This essence comes not from the trees, but from the Earth - a special gift from Gaia herself. It is a combination of the impenetrable energies of gold, plus the Life Force energies of silver, giving a strong protective healing energy. It covers all areas of healing, from the hurts within to the wounds without. It holds two energies together when things are threatening to 'come apart at the seams'. N.B. Not recommended for use in "Bubble" form. Use this essence in an etheric 'spider web' bandage on a broken limb; when you need to 'pin' something very strongly; for melding together a broken energy line; added to etheric 'staples' to have them last longer; to help strengthen 'Lines of Responsibility' or 'Bolts' so they last longer; and where there is a troubled relationship, add a drop of Glis Essence to each Feeling Centre to give extra time to communicate and to better assess the situation. N.B. This will not fix a relationship problem, but will hold it together while the cause of the problem is found.</i>
HAWTHORN	<i>For the down-hearted or heart-broken. When you are losing heart; feeling the need to be taken care of; feeling a lack of appreciation for your efforts; feeling as though your heart is breaking. Use when there is fear of childbirth, or a fear of becoming pregnant. Good for 'wedding nerves'. Can give ease when there is heart failure, or when heart rhythm is out of synch. Fluid retention. In the doldrums.</i>
HAZEL	<i>Wisdom. Use when wise counsel is needed; for understanding 'caring for self'; when you have an 'identity crisis'; For when getting rid of the old and bringing in the new. Balances 'harmonics' of the Pattern/situation. For peaceful meditation. When there is fear of water or emotion. Good for when the atmosphere is heavy - use after Dis-Myst spray to lighten and harmonise home or situation. Eases toothache and gum problems; teething problems. Use when there is TMJ problems.</i>
HEARTSEASE	<i>Loss on any level. All hidden hurts and pains felt in the heart, and carried with us - the secret pain of the Spirit. For when the heart is breaking. Helps the long term effects on body and spirit. Helps remove residue of old pain and illness. Eases restriction in heart energies caused by a wounded heart, and removes the heavy 'dross' that remains. For the pain of parting; not finding; or 'aloneness'. For those who have lost someone; parted from a relationship; who feel alone in the world; who travel the 'lonely path'. Use during the danger period (8-12 weeks) after a death of a long term partner, when the person may also nearly pass over.</i>



ESSENCE	USED FOR
HOLLY	<i>Soul Protector. For anything caused by a severe energy drop. Strengthens the Pattern against "people strikes" (c/f lightning strikes) Gives strength to the 'Dream Worker'. Helps when restrictions irk you, when you doubt what you are doing is enough. Helps you do what is expected of you; helps you meet the energy blast of self doubt; helps deal with over-sensitivity, hatred and aggression. Helps you pick up your own responsibilities and leave others to pick up theirs. Useful for fevers, coughs and colds. N.B. Use before 'Implosion Technique' - gets rid of things not needed, makes technique quicker, easier and more effective without 'shell-shock'.</i>
MYRTLE (Grandmother Myrtle)	<i>Protector, comforter and nurturer. Use when you feel a lack of support, a need for a strong comforting energy. If you are worrying about where the next meal is coming from, or wondering how to stretch yourself to meet the needs of others, when you are trying to be all things to all people (family/friends). For when love isn't enough. Strengthens damaged lines in the Pattern from drugs and abuse. Good when making decisions for your child, born or unborn. For all choices that no-one understands. For the loss of a child, loved one or situation.</i>
OAK (Sacred Oak)	<i>Strengthens sight and inner knowing of the Seers. For when you need extra insight; for finding self-worth; when there are things to do that you fear are beyond you; fear of the future; lack of confidence; for connecting to the 'Old Ways'. Use if others regard you as a 'mere female'. Balances energy around circulation problems, period pain or menstrual troubles.</i>
PINE	<i>For dealing with excesses - alcohol, food, wine, etc, as well as excesses of feeling - stubbornness, too one-pointed, etc. For relaxation; not feeling good enough; to help stretch your energy so there is enough for all. To understand the whole story, not just the end results. Expectorant. Balances lung and pneumonia problems. Eases rheumatic problems and skin diseases. Strengthens 'Scent Lines', and can be the key to unlock scent memories (past memories can be opened up through a scent. Use one drop in the F.C. and focus on your question.)</i>
ROWAN	<i>Crone sight. Use when you need to stand in your intuitive/female strength (not just softness but strength); when you need to find yourself; when you need to increase your Crone wisdom; when it is only your inner sight that is holding the family safe. Aligns with the Arts, helps those who have put aside their talents because of others. Astringent, natural antibiotic energy. Use externally to ease haemorrhoids or vaginal discharges.</i>
WILLOW	<i>Guides the lonely path of the Sensitive. For those who stand alone in the world. Helps when you must sacrifice something of yourself; when loneliness gets you down, no matter how many people are around you. Protects the Feeling Centre from authoritarian thoughts of others. For when you get emotional too easily; for when any word needs extra emphasis; when anything is out of control in your life. Eases any illness caused from damp conditions, any dis-at-easement from separation and loneliness.</i>
YEW (Timeless Yew)	<i>Patience - to live, to do. For energy to bring out the greatness within. Helps the slow developer. Use to centre yourself; to find strength to commit to a cause; attention without aggression. Protects the sleeping spirit. Good to use when there is gout, headaches, cystitis, kidney problems; when dealing with cancers of the body or mind.</i>

Essences may be purchased in single 10ml and 25ml. bottles or in sets of 20 essences. Seminars on the benefits and uses of these and other essences are conducted in major centres in Australia, and overseas by arrangement. For information contact:

Chariclo Pty. Ltd. 1002 Lydiard Street North, Ballarat. Victoria. Australia. 3350.
Ph / Fax: + 61 + 3 + 5333 1484 e-mail: info@chariclo.com Website: www.chariclo.com

DISCLAIMER: This summary is for general information only, and should not be regarded as medical advice. The author makes no claim to cure any illness or disease, diagnose, or prescribe medical advice. People who decide to use this information do so entirely at their own risk. The author encourages seeking the advice of a registered health care professional when in need of advice, diagnosis and/or treatment for any health issue.