

# “Medicine Chest” Essences (channelled by Jan Thomas)



*Eighteen essences specifically chosen by the Master Chiron and brought to us to aid health and wellbeing in modern times - sixteen to deal with Man's most common ailments, plus 'Ancient Moss' and 'Heartsease'. Their energies come from the "Core" or "Heart" of Gaia, and work to great effect on our 'core' problems. Do not over-use these essences, they are very potent and more is NOT better!*

**TO USE - Place 1 drop in the Feeling Centre once a day, or 1 drop topically around the site of the problem.**

ESSENCE	USED FOR	CHIRON HEALING® USES
<b>ALOES</b>	<i>Burns and cell rejuvenation - helps repair the damage.</i>	<i>Cellular Rejuvenation Technique - helps speed up the work.</i>
<b>ANCIENT MOSS</b>	<i>In past times often used to keep a medicine in place, or as a compress to 'draw' out impurities. Add Sage Essence for potency.</i>	<i>Use after Etheric Surgery. To line a joint or hollow, to draw out impurities and aid healing. Place top side down. Gives a positive energy boost, e.g. after adhesions are repaired, or under Web Weaving.</i>
<b>CHAMOMILE</b>	<i>Calms the body so that the instincts can be more easily used.</i>	<i>Feeling Centre work of all kinds. Helps keep the Feeling Centre calm in different situations.</i>
<b>CAYENNE</b>	<i>Aids digestion. Stomach disorders.</i>	<i>Hiatus Hernia technique. Helps push down the build up of pressure at the top of the Feeling Centre.</i>
<b>COMFREY</b>	<i>Used to assist healing broken bones.</i>	<i>Adds strength to the Silver Web when weaving over breaks of any sort in the Pattern.</i>
<b>ECHINACEA</b>	<i>Strengthens the body's immune system.</i>	<i>Useful when working on the T.M.J. and Occipital areas of the skull.</i>
<b>ELDER TREE</b>	<i>Traditionally used to provide vitamins in the diet, and as a blood purifier.</i>	<i>Elder is the tree of 'wisdom' and 'strength', and was known as the 'helper of the living' and 'protector of the dead'. Used for 'grounding' and with 'grounding' techniques. One of the "Aeolian Essences".</i>
<b>EYE BRIGHT</b>	<i>Eases physical eye ailments and gives ease to 'inner sight'.</i>	<i>Used to promote inner sight and improve perception when it is challenged.</i>
<b>HEARTSEASE</b>	<i>Loss on any level. All hidden hurts and pains felt in the heart, and carried with us - the secret pain of the Spirit. For when the heart is breaking. For the pain of parting; not finding; or 'aloneness'. For those who have lost someone; parted from a relationship; who feel alone in the world; who travel the 'lonely path'.</i>	<i>Helps the long term effects on body and spirit. Helps remove residue of old pain and illness. Eases restriction in heart energies caused by a wounded heart, and removes the heavy 'dross' that remains. Use during the danger period (8-12 weeks) after a death of a long term partner, when the person may also nearly pass over.</i>
<b>LAVENDER</b>	<i>Good for nervous conditions, stress headaches. Soothes distressed nerve endings</i>	<i>Headaches caused by reaching out too far into the ethers. Energy changer, balances and protects the traveller. Top Diamond work - use mixed with Ancient Moss before replacing top layer of Top Diamond draws out 'stress' causing headache. Quick effect if placed on TMJs, due to their 'pumping' action..</i>



ESSENCE	USED FOR	CHIRON HEALING® USES
<b>MARIGOLD/ CALENDULA</b>	<i>Acts as an antiseptic.</i>	<i>Helps to balance out cancer-like energy in the Pattern. Can be given after “Silver Ray” work to prevent recurrence of the problem. Greatest gift - it helps ease stress that is ‘eating away at you inside’ which can cause many different problems.</i>
<b>PENNY ROYAL</b>	<i>Promotes menstruation. Eases ‘female’ complaints. N.B. Do not use Pennyroyal OIL with pregnant women, as it has a slight abortive action, but this ESSENCE is safe to use.</i>	<i>Used to promote and regulate female ‘flow’. Useful benefits when used with ‘Ovarian Cross’ technique. (In ancient times Pennyroyal was used with other herbs for abortion.)</i>
<b>PEPPERMINT</b>	<i>Relieves congestion. Sedative. Relieves flatulence.</i>	<i>Use with ‘Sweeping Technique’ to sweep away those things we are holding on to.</i>
<b>ROSEMARY</b>	<i>Soother on all levels. Used to help balance mind and mental processes, heart and ‘dropsy’ energies. N.B. Rosemary OIL not to be used while pregnant, but this ESSENCE is safe to use.</i>	<i>Balances Spiritual Line of Energy, allows person to calm themselves in readiness to accept healing. Use with heart re-balancing technique. One drop on palms of hands assists when bringing ‘Multiple Personalities’ together.</i>
<b>SAGE</b>	<i>Helps draw out infections.</i>	<i>Helps draw out barbs and wedges in the Pattern. Helps to keep Mother Points clear of blockages.</i>
<b>THYME</b>	<i>Used for cramps, colic and similar pain.</i>	<i>Good when combined with Essence of Honey for repairing fine line damage caused by Whooping Cough, Sprains. For blocking the Levels - to repair and de-stress fine lines in between Level Four and Level Three, use on fingers while working. One drop in lung area helps keep them functioning. Cramps - use 1 drop Thyme Essence and the colour Purple.</i>
<b>VALERIAN</b>	<i>Insomnia. Tranquilliser. Aids sleep.</i>	<i>Used for centuries to ‘close the doorways’ between the worlds, to allow a person to shut down and rejuvenate their energies. Nightmares - Close Doorway Point in the Top Diamond and seal over the top with Valerian Essence.</i>
<b>WILD YAM</b>	<i>Antispasmodic. Useful for asthma. Helps prevent miscarriage by holding energies together.</i>	<i>Good for adding female energies into a group of people. Assists creativity. Good to use in gardens. Use with Pelvic Sling technique.</i>

**DISCLAIMER:** This summary is for general information only, and should not be regarded as medical advice. The author makes no claim to cure any illness or disease, nor diagnose or prescribe medical advice. People who decide to use this information do so entirely at their own risk. Always seek the advice of a registered health care professional when in need of advice, diagnosis and/or treatment for any health issue.

Essences may be purchased in single 15ml. bottles or in sets of 18 essences. To enable you to learn more about the essences and how to use them, seminars are conducted regularly in different centres in Australia, and in overseas countries by arrangement. For further information, please contact **Chariclo Pty, 1002 Lydiard Street North, Ballarat, Victoria, Australia. 3350. Ph / Fax: + 61 + 3 + 5333 1484 E-mail: info@chariclo.com Web: www.chariclo.com**